

(Preliminary)
MSA Opti Green Fleet Regatta For First Time Racers
Sailing Instructions

Rules

- 1.1 The regatta will be governed by the rules defined in *The Racing Rules of Sailing*.
- 1.2 The class rules of the International Optimist Dinghy Association (IODA) will apply.
- 1.3 Any competitor seen discarding trash at anytime overboard may be disqualified from the regatta.

Start

- 2.1 The start line will be between the large red MSA inflatable with a yellow flag and a green triangle buoy for the pin.
- 2.2 We will be using 3 minute dinghy starts.

Course

- 3.1 We will be sailing a modified triangle course.
- 3.2 The marks will be yellow triangles.
- 3.3 We will be sailing in Sand Dollar Cove, right across the channel and inside the harbor, if conditions permit.

Signals Made Ashore

- 4.1 Signals made ashore will appear at the Tuck's Point Entrance sign.

Harbor Start/Race Schedule

- 5.1 Skippers Meeting is scheduled at 1030. A snack on shore will follow, preceding a planned 11:15 Harbor Start.
- 5.2 Four races are planned, if weather permits.
- 5.3 Lunch will be on shore following racing and before awards.

Time Limit

- 6.1 The Time limit will be 75 minutes. Any boat finishing after 75 minutes will be scored DNF.

Scoring

- 7.1 The Low Point Scoring System (A2) will apply, modified so that when 6 or more races have been completed, each boat's series scores will be a total of her race scores, excluding her worst score.

Protests

- 8.1 Rule 61.1 (a) will be changed as follows: The third sentence of rule 61.1(a) is modified to read "She shall display a red flag until she is no longer racing and shall inform the Signal Boat of the boat being protested immediately after finishing". Rule 61.1(a)(2) is deleted. Boats must immediately display a protest flag at the first reasonable opportunity.
- 8.2 The intention to protest must be confirmed with the race committee upon returning to shore. Protest forms are available from the race committee in the MSA Office. All protest forms must be turned into the race committee no later than 30 minutes after the MSA Race Committee boat reaches the dock.

Support Boats/Coaching

- 9.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the Race Committee signals a postponement, general recall or abandonment.
- 9.2 *Coaching: Green Fleet Policies apply.* Coaching will be allowed in the bottom half of the fleet during any given race.

Safety

- 10.1 Competitors shall not leave shore until Harbor Start horn is blown.

10.2 Flotation devices (life jackets) shall be worn and properly secured at all times while the competitor is in the boat.

10.3 All boats shall be equipped with an appropriate bailer attached to the boat by a lanyard other than a tow line

10.4 All competitors shall carry a whistle at all times attached either to their life jacket or hung around their neck.

10.5 All boats shall be equipped with a buoyant painter appropriate for towing, at least twelve (12') in length.